

"THE CURE FOR WORRY"

Matthew 6:25-34

Main Idea: Our relationship with an attentive and generous Father means there is no cause for worry.

The Command: "Do not be worried" (25-32)

The focus of our worry (25)

Food

Clothing

The reasons worry is unnecessary (26-32)

God takes care of all His creatures (26a)

God's children are His most precious creatures (26b)

Worry cannot accomplish anything (27)

God is an exquisite designer of clothing (28-30)

Flowers do not clothe themselves (28)

Flowers are better-dressed than humans (29)

If Father magnificently "clothes" temporal flowers, He will most certainly clothe His eternal sons and daughters (30)

Worry is a pagan activity (31-32)

The Command: “Seek first the God’s kingdom and His righteousness” (33)

The priority of the kingdom and righteousness

“All these things...”

The Command (restated): “Do not be worried” (34)

Family Life Groups

“The Cure for Worry”

Matthew 6:25-34

Main Idea: Our relationship with an attentive and generous Father means there is no cause for worry.

1) Are you a worrier? If so, *what* do you worry about? *Why* do you worry about it? Has anything good resulted from your worry?

Peter says, “Cast your anxieties on [God], for he cares for you” (1 Pet. 5:7). Will you relinquish that worry to God? How can you do that?

2) There are some followers of Jesus who admit to stockpiling food and provisions for an impending time of tribulation on the earth? Does Matthew 6:25-34 speak to this (not their view of the tribulation but their stockpiling of food and provisions)? How?